

Annex Table 14 Major burden of disease – leading 10 selected risk factors and leading 10 diseases and injuries, high mortality developing countries, 2000

Developing countries with high child and high or very high adult mortality (AFR-D, AFR-E, AMR-D, EMR-D, SEAR-D)

Risk factor	% DALYs	Disease or injury	% DALYs
Underweight	14.9	HIV/AIDS	9.0
Unsafe sex	10.2	Lower respiratory infections	8.2
Unsafe water, sanitation and hygiene	5.5	Diarrhoeal diseases	6.3
Indoor smoke from solid fuels	3.7	Childhood cluster diseases	5.5
Zinc deficiency	3.2	Low birth weight	5.0
Iron deficiency ^a	3.1	Malaria	4.9
Vitamin A deficiency	3.0	Unipolar depressive disorders	3.1
Blood pressure	2.5	Ischaemic heart disease	3.0
Tobacco	2.0	Tuberculosis	2.9
Cholesterol	1.9	Road traffic injury	2.0

^aIron deficiency disease burden is from maternal and perinatal causes, as well as direct effects of anaemia.

Annex Table 15 Major burden of disease – leading 10 selected risk factors and leading 10 diseases and injuries, low mortality developing countries, 2000

Developing countries with low child and low adult mortality (AMR-B, EMR-B, SEAR-B, WPR-B)

Risk factor	% DALYs	Disease or injury	% DALYs
Alcohol	6.2	Unipolar depressive disorders	5.9
Blood pressure	5.0	Cerebrovascular disease	4.7
Tobacco	4.0	Lower respiratory infections	4.1
Underweight	3.1	Road traffic injury	4.1
Overweight	2.7	Chronic obstructive pulmonary disease	3.8
Cholesterol	2.1	Ischaemic heart disease	3.2
Low fruit and vegetable intake	1.9	Birth asphyxia/trauma	2.6
Indoor smoke from solid fuels	1.9	Tuberculosis	2.4
Iron deficiency	1.8	Alcohol use disorders	2.3
Unsafe water, sanitation and hygiene ^a	1.7	Deafness	2.2

^a Unsafe water, sanitation and hygiene disease burden is from diarrhoeal diseases.

Annex Table 16 Major burden of disease – leading 10 selected risk factors and leading 10 diseases and injuries, developed countries, 2000

Developed countries with very low or low child mortality levels (AMR-A, EUR-A, EUR-B, EUR-C, WPR-A)

Risk factor	% DALYs	Disease or injury	% DALYs
Tobacco	12.2	Ischaemic heart disease	9.4
Blood pressure	10.9	Unipolar depressive disorders	7.2
Alcohol	9.2	Cerebrovascular disease	6.0
Cholesterol	7.6	Alcohol use disorders	3.5
Overweight	7.4	Dementia and other central nervous system disorders	3.0
Low fruit and vegetable intake	3.9	Deafness	2.8
Physical inactivity	3.3	Chronic obstructive pulmonary disease	2.6
Illicit drugs	1.8	Road traffic injury	2.5
Unsafe sex ^a	0.8	Osteoarthritis	2.5
Iron deficiency ^b	0.7	Trachea/bronchus/lung cancers	2.4

^a Unsafe sex disease burden is from HIV/AIDS and sexually transmitted diseases.

^b Iron deficiency disease burden is from maternal and perinatal causes, as well as direct effects of anaemia.

Preventive fractions due to alcohol and cardiovascular disease in some regions are not shown in these tables. NB. The selected risk factors cause diseases in addition to those relationships illustrated, and additional risk factors are also important in the etiology of the diseases illustrated.

